



# Are you pregnant?



## Protect your baby from lead

Lead is a poison that can cause high blood pressure in pregnant women. Lead in your body can be passed to your baby during pregnancy. Studies show that infants and toddlers exposed to even small levels of lead *in utero* can have problems in their growth, behavior, and their ability to learn.

**Tell your healthcare provider if you think you've been exposed to lead, or if your child has an elevated blood-lead level.** A simple blood-lead test can determine your risk.

**Be extra careful (or when possible avoid altogether) jobs or hobbies that involve working with lead,** such as building restoration, plumbing, stained glass work, or using lead fishing sinkers or bullets. Wash your hands before eating, and don't eat in the work or hobby area.

**If your house or apartment was built before 1978,** stay away from any repair work being done in your home until the area has been completely cleaned by the workers. Your local health department can provide tips for safe renovations.

**Lead sources may include:** paint chips, dust, & soil in or around older (pre-1978) buildings • older painted objects • leaded glass, crystal, pewter, & ceramic dishes (more likely in painted china & in pottery from Latin America, the Middle East, & India) • herbal/traditional remedies or cosmetics from other countries • candy from Mexico • toys & trinkets

## LeadCare® II

CHILDREN UNDER AGE SIX SHOULD ALSO BE TESTED FOR LEAD. ASK YOUR HEALTHCARE PROVIDER FOR A SIMPLE BLOOD-LEAD TEST



Results in **3** minutes  
**CLIA-waived**

LeadCare is a Magellan Biosciences business  
22 Alpha Road | Chelmsford, MA 01824-4171 USA  
+1.800.305.0197 | © 2009

Visit **[www.LeadPoisonInfo.com](http://www.LeadPoisonInfo.com)** to learn more

You can also call your local health department, listed in the phone book blue pages. In New York City & Rochester, call 311.